

# DOCTRINAL FOUNDATIONS OF MENTORSHIP



# DISCOVER

- 1. Pray that God will lead you in selecting the young people you will ask to be their mentor.
- 2. Write the name of one or two potential young leaders that you will mentor.
- 3. Clarify their expectations by expressing what the goal is and what you expect of them.
- 4. Agree on how you will meet; listen to them on topics: family, spiritual, leadership.

### **TRAIN**

- 1. Model a new leadership culture, be an example of care and support.
- 2. Establish a clear process of mentorship so that the new leaders can reproduce what you have modeled.
- 3. Get together, preferably every week, to get to know each other and to walk together in mentorship

## **EMPOWER**

- 1. Young people giving them meaningful responsibilities.
- 2. Show vulnerability, listen, and be authentic.
- 3. Invite them to think about who they can mentor in their local church.



CHURCH OF NAZARENE
MESOAMERICA

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How do you know t Names/Person	<del></del>	Friend	Neighbor	Coworker	Youn	g Person COTN
Humoo, Foron		THOM	i i i i i i i i i i i i i i i i i i i	CONSTROL	Tour	5 1 010011 00111
Which stage hest	l describes where your frien	ds are on their discinl	e iourney?			
PERSON	DISINTERESTED	CURIOUS	FORGIVEN	GROWING	GUIDING	I'M NOT SURE
	Happy with his beliefs and not interested in Jesus	Open to spiritual conversations or looking to know who Jesus is	Believe in Jesus as Savior, but does not grow spiritually	Learning to follow Jesus as a lifestyle	Engaged to hel others to know Jesus	p I don't know enough about t spiritual journe of this person
nvite • Ask them how th • Ask them if ther • Express to them	ey could describe Christianit e are other people with whon how valuable their friendshi od has taught them this wee	to have coffee via Zoo ty. 1 they talk about Jesus. p is to you.	om.			
	ray for Him/Her this week	?				
PRAY Ask how you can p						

Examples. Accompany them in reading a book of the Bible. Ask them what they expect to learn from God this week? Give them a book, encourage them to explore who God is and share about that moment when you were discovering God.

#### SHARE

Invite your mentees to share this same mentoring process with other people.